



COMMUNITY PROGRAMS:

BEGINNING HORSEMANSHIP & RIDING

AGES 9-15

AUGUST 7-8, 2021

VARIAN RANCH, ARROYO GRANDE

Join us at the beautiful Varian Arabians facility for a weekend of everything horses! Over 2 days you will be introduced to the world of horses while learning to ride and care for a horse.

Each day you will:

- Spend 2 hours with a horse, grooming, saddling, and 1-hour group riding lesson where you will learn the basics of riding: the walk and trot.
- Receive a 2-hour lesson on general horse knowledge, with a behind-the-scenes look at how a horse ranch runs.

In the arena, riders will get comfortable riding a horse and learn the cues for stop, go, and turning, rider balancing exercises, simple patterns, trotting, and games. Around the ranch, students will get hands-on experience with leading, grooming, tacking up, identifying parts of the saddle, horse sports, parts of the horse, colors and markings, and practicing the daily care routine!

Please wear long pants and sturdy boot-like shoes (must cover toes and ankle, have a heel and a smooth sole). Riding helmets will be provided. If you already own or can borrow an equestrian riding helmet, please bring it.

REGISTER AT bit.ly/cuesta-horsemanship

DATES: Saturday and Sunday, August 7 and 8, 2021

TIME: 10:00am - 2:30pm (30-minute lunch break - bring a sack lunch)

FEE: \$200

LOCATION: Varian Arabians - Sheila Varian Education Facility, 1275 Corbett Canyon Road, Arroyo Grande, CA 93420

INSTRUCTOR: Amanda Shere
Amanda is a horseback riding instructor with 16 years experience and an emphasis on teaching children. She achieved the highest level of horse management certification from the United States Pony Club.

REQUIREMENTS:

- Sturdy shoes/boots, sack lunch, sunscreen, water, and chair (or place to sit comfortably)
- Completed Varian Arabians Release Form

For more information, contact Amanda Shere at
amanda_shere@cuesta.edu

